

**INSTALLATION DETAILS FOR  
RESIDENTIAL / HOME USE  
WALL PADDING**

-- PLEASE READ CAREFULLY BEFORE BEGINNING INSTALLATION--



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### **WARNING**

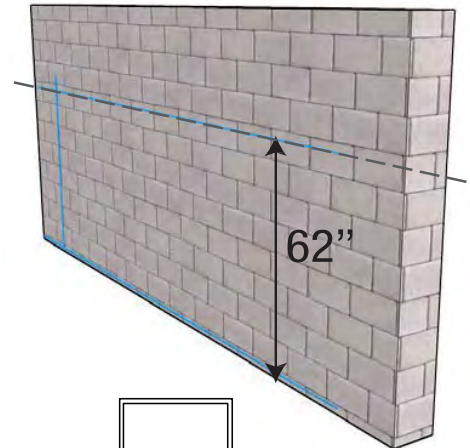
**Any activity involving motion, height, wall collisions or physical contact creates the possibility of serious injury, even death. /UR mats do not totally eliminate this hazard. The following guidelines should always be followed when using cushioned wall mats.**

- o This mat cannot, and does not, totally eliminate this hazard.
  - o You still assume a risk of serious injury when using this mat.
  - o This risk can be reduced by following the guidance below.
1. Use this mat **ONLY** under the supervision of trained and qualified instructors.
    - o Any use without trained supervision is **HAZARDOUS** and risks serious injury.
    - o Coaches/instructors should never permit unsupervised use by athletes.
  2. Athletes: Know your own limitations and follow progressive training practices.
    - o Always consult your coach/instructor for proper technique.
  3. Wall mats may offer different levels of protection according to the foam core.
    - o Before performing maneuvers near this wall mat, instructors and users should always assess the type of protection needed and the user's ability to safely accomplish the maneuvers.
    - o Consider the speed and type of the drill; wall mat protection; skill level, size and age of the users; number of participants, and available space.
  4. Instructors and users of this mat should always make sure that they have allowed enough space to properly and safely perform the chosen maneuver.
    - o Allow an adequate buffer zone from other users and from the wall mat.
    - o Note that each maneuver or drill may require different buffer zones.
    - o Do not perform a maneuver if you are uncertain of the amount of space needed.
  5. Perform all maneuvers so as to avoid contact with instructors, bystanders or other users, and to avoid going outside the perimeter of this mat.
    - o It may be necessary to add additional mats to the outside perimeter area of this mat/mats to create a proper safety mat area.
  6. Mat protection may vary according to room temperature.
  7. Inspect wall mats prior to any activity. Specifically identify any deterioration of the covering and or foam material.
    - o Do not use if foam material is missing or deteriorated.
    - o Also, ensure the integrity of the mat mounted to wall surface. Repair or replace as required.
  8. Always follow recommended installation procedures when installing wall padding.
    - o Wall padding / mats should always be installed **NO MORE THAN 4"** from the floor surface.

## INSTALLING PANELS ON THE WALL

### STEP 1:

- o Determine the finish height of the wall padding.
- o Wall Panels are 16" wide x 59-1/2" long.
- o Measure up from the floor 62".
  - NEVER place wall padding higher than 4" above the floor surface.
  - We recommend keeping the padding slightly above the floor surface to allow the top of the pads to align level, straight and flush.
- o Strike a horizontal chalk line on the wall to indicate the location of the TOP of the Wall Pad.



### STEP 2:

- o Lay your Wall Padding Panels FACE DOWN (foam side facing up.)
- o Using the supplied Double-Sided Adhesive Tape -- Firmly press the tape along the edge of the panel.
- o Using the supplied Double-Sided Adhesive Tape -- (FIG.B 2) Firmly press the tape to the foam along the TOP, BOTTOM and CENTER as shown. -- REPEAT for each Panel.

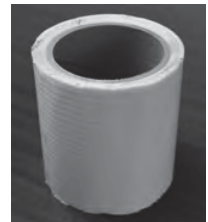
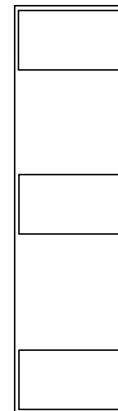
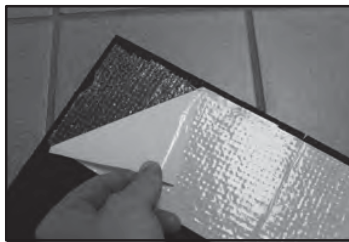


FIG. B 2

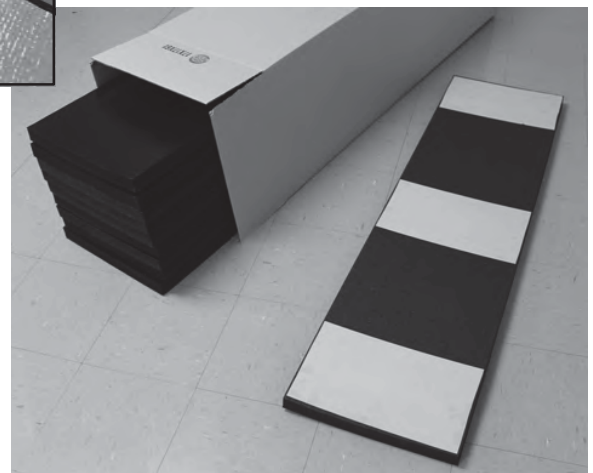
### STEP 3:

- o Peel back the white carrier paper to expose the Adhesive Backing.

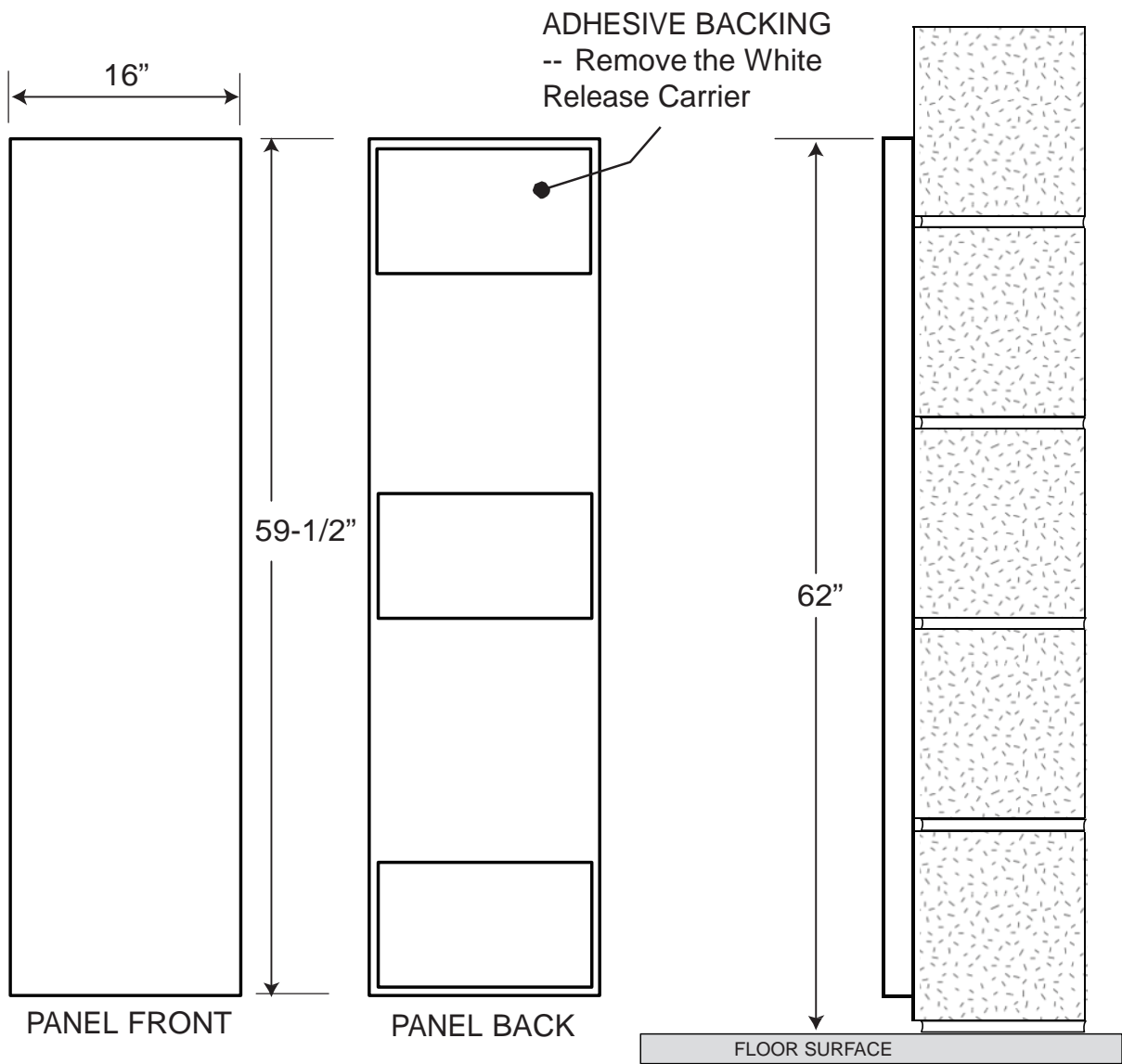


### STEP 4:

- o Carefully and firmly press the Wall Pad onto the wall surface.
  - Be sure to keep your padding plum and level.
- o Continue with each panel -- keeping the tops flush.
  - Keep the panels as close together as possible.

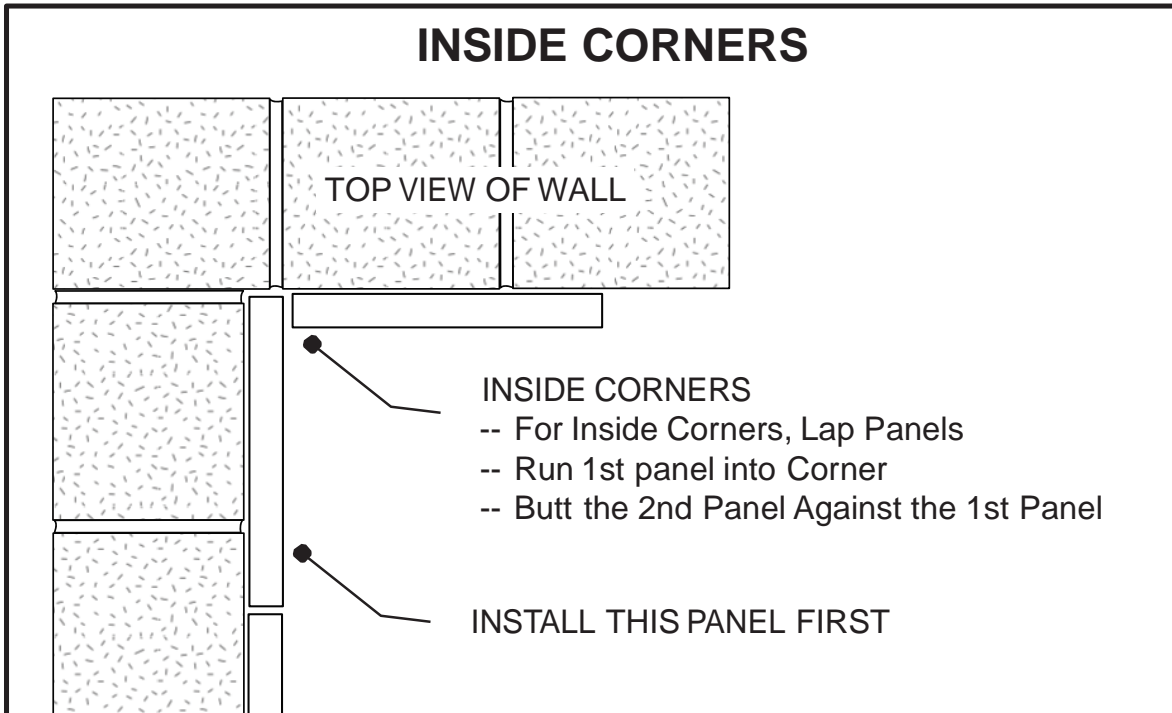


## INSTALLING PANELS ON THE WALL



## FITTING PANELS AROUND CORNERS

### INSIDE CORNERS



### OUTSIDE CORNERS

